



**LONGSTREETCLINIC**

Neurosurgery

*Dr. Grunch Pain Medication Protocol*

Cranial Procedure	2 weeks
Anterior Cervical Discectomy and Fusion	1 month
Lumbar Discectomy/Decompression	1 month
Posterior Cervical Fusion	3 months
Lumbar Fusion	3 months

After the above specified time, Dr. Grunch will no longer issue narcotic pain medication prescriptions. If you still experience pain necessitating narcotic pain medication, we will refer you to a pain management provider. Alternatively, if you have a pain doctor before surgery, we will work together to make sure your pain medication is addressed in the perioperative period. Typically, we have you transfer your medications back to your pain doctor within a few weeks of surgery.